



## The Parish of Our Lady & St Alphege

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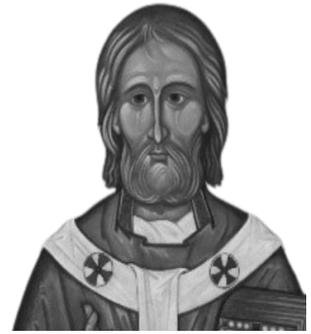
**Right Reverend** Declan Lang *Emeritus Bishop of Clifton*

**Deacon** Kevin Moloney

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The Third Sunday of Lent

[www.saintalphege.org.uk](http://www.saintalphege.org.uk)

8<sup>th</sup> of March 2026

### Mass Times at Our Lady & St Alphege

**Sun 8<sup>th</sup> 3<sup>rd</sup> Sunday of Lent Year A**

1100 People of the Parish

1715 Stations of the Cross

1800 Janet Newman RIP

**Mon 9<sup>th</sup> Weekday of Lent**

No Mass

**Tues 10<sup>th</sup> Weekday of Lent**

**No Mass NB**

1830 Stations of the Cross

**Weds 11<sup>th</sup> Weekday of Lent**

1000

**Thurs 12<sup>th</sup> Weekday of Lent**

1715 Exposition of the Blessed Sacrament & Confession

1800

**Fri 13<sup>th</sup> Weekday of Lent**

**0700**

1130 Stations of the Cross

1200

**Sat 14<sup>th</sup> Weekday of Lent**

0930 Rosary in the Lady Chapel

1000 Martin Price RIP (Anniv)

1030 Sacrament of Reconciliation - Confession

**Sun 15<sup>th</sup> 4<sup>th</sup> Sunday of Lent – Laetare Sunday**

1100

1715 Stations of the Cross

1800 People of the Parish

### Mass Times at St Joseph Peasedown St John

**Mass Sun 0900 & Tues 1100**

**Stations Thurs at 1100 during Exposition**

### Information

Psalter Week 3 / Readings Sun C / Weekdays Year 1

### Diocesan Prayer link

St Catherine Frome & St Dominic Mells

### Stations of the Cross

We will follow the way of the Cross in the Church at 1715 on Sunday afternoons / 1830 on Tuesdays / 1130 on Friday mornings before the 1200 Mass

### Lenten Penitential Services

During Lent there will be celebrations of God's merciful love as part of our Lenten journey which will take place each Tuesday at 5 Churches across the Diocese. There will be priests available at each venue to hear confessions and details of venues are on the poster on the porch and on the front page of the website. Each Liturgy will start at 7pm and you would be most welcome at any venue.

### Stations of the Cross

The SVP would like to invite you to join them in praying the Stations of the Cross on Tuesdays at 6.30pm during Lent before their meeting at 7pm.

### Dates for your diary

**Penitential Service in Holy Week** – Tuesday 31<sup>st</sup> of March with Confessions from 1730 – 1900 and Exposition of the Blessed Sacrament from 1800 – 1900

**Chrism Mass** – Weds 1<sup>st</sup> April 1100 in the Cathedral

### 1<sup>st</sup> Confession

Please remember Emilia, Florence, Kian, Sophia, Yago, Audrie, Isla-Mae and Victoria in your prayers as they prepare to celebrate the Sacrament of Reconciliation for the first time on Saturday. They will then make their 1<sup>st</sup> Holy Communion on the Feast of Corpus Christi.

### National Novena to St Joseph

The National Novena to St Joseph will take place from the 10<sup>th</sup> – 18<sup>th</sup> of March at St Josephs Church in Maidenhead. Each year the Mill Hill Missionaries prepare for the Feast of St Joseph, their Society Patron, with a special Novena of Masses (at 10 am each day) and prayer to ask for God's blessing on their work. A Novena Prayer Booklet is available upon request (for a donation of £1 to cover costs) from The Novena Director, 6 Colby Gardens, Maidenhead SL67GZ or by e mailing [novenamhm@gmail.com](mailto:novenamhm@gmail.com). People are also invited to send

any petitions to the same address so that they can be remembered at the Masses.

### **Beacons**

We look forward to welcoming you all in the hall on Monday 16th March from 2 to 4pm when we will celebrate St Patrick's Day with refreshments and a raffle in support of Weston Welcome Café & Food Club where Emily, one of our parishioner volunteers. There will be some dancing involved for those of us who feel like it.

### **Faith and Light Easter Party**

The Faith and Light Easter Party will take place on Saturday 11th April, 2-4pm at St Mary's Catholic Church (in the parish hall). Faith and Light is a cross-denominational Christian charity. Our purpose is to gather together people with learning disabilities and their friends and families. We come together to share faith, fun, creative activities and friendship. Please come and join our local community at our Easter Party. For more information: contact Helen Richardson 07554183985

### **Praying the Rosary on Saturdays**

In our parish, under the patronage of Our Lady and St Alphege, five decades of the Rosary are prayed publicly at 9.30 a.m. in our Lady Chapel at least every Saturday, the day set aside each week for the special veneration of Our Lady. The Rosary is always prayed for the intentions agreed by the group at the start. All are warmly welcome to come and join us, however familiar they are with the Rosary. Those unfamiliar with it will find help and soon be drawn into its rhythms and beauty.

### **Marriage Preparation**

The CHC's weekend marriage prep course (residential 13 - 15 March 2026) is intended for couples who wish to engage more deeply with the Catholic vision for marriage. Structured around the elements of the marriage rite, couples will reflect deeply on foundational Scriptural texts to gain a deeper understanding of both the natural and Sacramental aspects of Matrimony. The weekend is framed by prayer, time for reflection personally and as a couple, group discussion and a social. More details at <https://christianheritagecentre.com/events/marriage-preparation>

### **Catholic Union Webinar**

A webinar will take place on Mon the 16<sup>th</sup> of March "Does Science pose a threat to today's Catholicism?" It is hosted by Catherine Pepinster, (journalist)& Revd Dr Gareth Leyshon, Astrophysicist, and a Catholic Priest of the Archdiocese of Cardiff-Menevia. If you would like to take part please register by emailing and a zoom link will be provided. [info@catholicunion.org.uk](mailto:info@catholicunion.org.uk) Booking is essential.

### **Daily Examen**

St Ignatius recommended a prayer called the Examen which helps us to review our day and find God in our experience. How has God been present in your day? Where can you find light and cause for gratitude? In Lent we might want to try this prayer of review to reflect on how our Lenten season is going. This and other resources are available at <https://www.jesuitinstitute.org/explore/tasters>

### **Catholic Union Competitions for young people**

**Catholic Young Artist Award** – children from Reception – Year 6 are invited to submit a picture answering the question "Forgiveness – what does this look like?" Pictures will be judged by Margaret Mizen, founder of the Mizen Foundation named after her son Jimmy. The deadline is the 22<sup>nd</sup> of May.

**Catholic Young Writer Competition.** Students in years 8 – 11 are invited to submit an essay of up to 1,200 words, following the guidelines, on the topic of "Where do we go to Confession". The Judge will be Joanna Bogle of the Catholic Writers Guild of England and Wales, Deadline is the 30th of June. More details on the notice board in the porch or <https://catholicunion.org.uk/weekly-briefings/>

### **Finance News**

Last Week Offertory: £338.19 Envelopes: £45

### **Readers**

11.00: Joy 18:00: Chris

### **CLOW:** Janet

### **From a meditation given by Bishop Erik Varden OCSO to Pope Leo and the heads of the Roman Curia**

'Glorification', says St Bernard, 'happens in the presence of God's face' when, our earthly voyage done, we shall at last behold what in this life we have firmly hoped for, putting our trust in Jesus's name. ....Yet a 'hidden glory' is perceptible even now. St Augustine liked to say that we carry the image of glory in an 'obscure form'. Once we have passed through this life, the form will reveal itself explicit and 'luminous'. It will be apt to stand before God. Any deformities inflicted by ill-used liberty will be reformed then, so that the form will appear in its intended beauty: as 'forma formosa'.

St Augustine, at once so profoundly humane and trenchantly lucid, stresses that the glory of the image can never be lost; it is imprinted on our being. It can, though, be buried under accumulating layers of darkness, which must be removed. The Church reminds women and men of the glory secretly alive in them. She shows us that present mediocrity and despair, not least my despair at my own persistent failures, need not be final; that God's plan for us is infinitely lovely; and that God, through Christ's Mystical Body, will give us grace and strength, if only we ask"